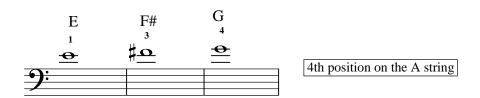
Shifting from 4th to 1st Position





Glide back to first position using first finger then let fingers 2, 3 and 4 attack the fingerboard simultaneously. Practice slowly and then GRADUALLY speed up the shift. Ultimately, your first finger will only slide a little bit (not all the way to B) and it should turn into a "flip shift"



G Major scale descending



